

GEORGE'S

FISH & SOUVLAKI BAR

HOME DELIVERIES & TAKE AWAY MENU

George's Awards

Guardian Food Awards Winner

London's best chips runner up • Time Outs London's Best Restaurants

London24 Food and Drink Awards Best Greek Restaurant

London's Perfect Portion Winner • Seafish Fryers Quality Award

CALL NOW TO ORDER **020 8989 3970**

OR ORDER ONLINE **www.georgesfishbar.co.uk**

ORDER NOW ON WWW.GEORGESFISHBAR.CO.UK

MINIMUM DELIVERY £20

1 mile radius

Tuesdays 2 for 1 on all mains in the restaurant*

**We cater for private parties in the restaurant
for up to 60 people.**

**We also cater for bigger parties with the option of
canopies and exclusive use of the Bar area.**

* Terms and conditions apply
offer is for restaurant only (excluding Meze),
maximum booking for 6 persons, excluding celebratory days.
Tuesdays 5pm-10pm



 George's fish and Souvlaki bar

 @georgesfishbar

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GEORGE'S COLD STARTERS

All our dips are homemade using the freshest ingredients

Taramosalata £3.00

A smooth blend of Cod roe, olive oil & lemon served with warm pitta bread

Tzanziki £3.00

Yogurt, finely chopped cucumber, mint & garlic served with warm pitta bread

Houmous £3.00

Crushed chickpeas mixed with garlic & olive oil served with warm pitta bread

Tahini £3.00

A blend of Sesame seeds, olive oil, lemon & garlic served with warm pitta bread

Green Cracked Olives (tsakistes) £3.00

Mixed with olive oil, lemon, garlic & cracked coriander seeds

Feta £3.00

Beetroot Salad £3.00

Sliced with a drizzle of olive oil, vinegar & garlic

Potato Salad £3.00

New potatoes with olive oil, lemon, fresh coriander & spring onions

Oyster Mushrooms £3.00

Pickled with white vinegar, garlic & lemon

Cod Salad £3.00

Cod, onion, parsley, cracked pepper, olive oil & lemon

Pick 3 cold starters of your choice for £8.00

Pick 4 cold starters of your choice for £10.00

GEORGE'S WARM STARTERS

Halloumi £4.00

Traditional Cypriot cheese grilled over the charcoal

Lounza £3.50

Sliced pork loin grilled over the charcoal

Pastourma £4.00

Spicy beef sausages grilled over the charcoal

Loukaniko £4.00

Pork, red wine & coriander seed sausages grilled over the charcoal

Grilled Portobello Mushroom £3.50

Grilled over the charcoal with olive oil, garlic & lemon

Kioftedes £3.50

Cypriot meatballs made from pork mince, parsley & onion

Koubebia £3.50

Vine leaves stuffed with lamb mince meat & rice

Kalamari £3.50

Squid lightly coated in flour & deep fried

Charcoal Grilled King Prawns £6.50

Option of olive oil & lemon or garlic oil

Charcoal Grilled Octopus £6.50

Option of olive oil & lemon or garlic oil

DEMETRIS FISH BAR

Cod £5.50 – £6.50

Haddock £7.00

Rock Huss £5.50 – £6.50

Plaice £6.50

Skate £6.50 – £7.50

Grilled Sea Bass & Salad £12.50

Option of olive oil & lemon or garlic oil

Grilled Octopus & Greek Salad £12.00

Option of olive oil & lemon or garlic oil

Grilled King Prawns & Greek Salad £12.00

Option of olive oil & lemon or garlic oil

Grilled Squid & salad £10.00

Whole squid grilled over the charcoal with olive oil & lemon or garlic oil

Kalamari & Salad £8.50

Squid lightly coated in flour & deep fried

Blanchbait £4.50

Whitebait Lightly coated in breadcrumbs & deep-fried

Scampi £4.50

Smoked Haddock & Spring Onion Fish Cakes £2.00

Cod Roe £2.00

Most fish can be fried in matzo meal, gluten free or grilled for an extra £0.50

XENIAS SOUVLAKI BAR

All Souvlaki is served in pitta bread with salad

Lettuce, cucumber, tomato, onion & parsley

Chicken Souvlaki £5.50 – £8.00

Succulent pieces of chicken grilled over charcoal

Pork Souvlaki £5.50 – £8.00

Succulent pieces of pork grilled over charcoal

Sheftalia Souvlaki £5.50 – £8.00

Home made sausages made of pork mincemeat, parsley & onion grilled over charcoal

Lamb Souvlaki £6.00 – £8.50

Succulent pieces of lamb grilled over charcoal

Halloumi Souvlaki £5.50

Traditional Cypriot cheese grilled over charcoal

Pastourma Souvlaki £6.00

Spicy beef sausages grilled over charcoal

Loukaniko Souvlaki £6.00

Pork sausages soaked in red wine & coriander seeds

Lounza Souvlaki £5.00

Grilled Smoked pork loin

Mixed Souvlaki (any 2 of the above) £8.00

Treble Souvlaki (any 3 of the above) £10.00

Lounza & Halloumi Souvlaki £6.00

Smoked pork loin & Cypriot cheese grilled over charcoal

Fish Souvlaki £10.00

Marinated Monk fish grilled over the charcoal with a drizzle of olive oil & lemon

Vegetarian Souvlaki £6.50

Halloumi, mushroom, pepper, courgette, onion & tomato grilled over charcoal

Portobello Mushroom & Halloumi £6.00

Grilled Portobello mushroom, halloumi & houmous

ON THE BONE

(with salad & roast potatoes or chips)

Lamb Souvla £12.50

Lamb on the bone slowly cooked over the charcoal.

Limited availability please order early.

Chicken Souvla £9.00

Marinated Chicken slowly cooked over the charcoal.

Limited availability please order early.

Lamb Cutlets £12.50

Seasoned & charcoal grilled

HOME MADE GREEK SPECIALTIES

Kleftico with potatoes & rice £12.50

Tender pieces of lamb slowly cooked in the oven

Moussaka & Salad £8.50

Potatoes, aubergines, courgettes & lamb mincemeat topped with a béchamel cream

Kioftedes, salad & chips £8.50

Cypriot meatballs made with pork mince parsley & onion

Koubebia, salad & chips £8.50

Vine leaves stuffed with lamb mince meat & rice

Pork afelia, rice & new potatoes £8.50

Slow cooked pork in red wine & coriander seeds

GEORGE'S MEZE

A Cyprus Meze is certainly one of the most famous Cypriot specialties. Showcasing a variety of the island's dishes.

MEZE

Min 2 PERSONS **£20** PER PERSON

A selection of cold starters & warm pitta bread, grilled portobello mushroom, halloumi, lounza, loukaniko, kalamari, whitebait, prawns, chicken, lamb, pork, sheftalia souvlaki, greek salad & chips.

VILLAGE MEZE

Min 2 PERSONS **£20** PER PERSON

A selection of cold starters & warm pitta bread, grilled portobello mushroom, loukaniko, lounza, halloumi, roasted black olives, kleftiko, potatoes, tomato & onion salad, kioftedes, koubebia, pork Afelia, rice, moussaka, pork, sheftalia & greek salad.

FISH MEZE

Min 2 PERSONS **£25** PER PERSON

A selection of cold starters & warm pitta bread, grilled portobello mushroom, halloumi, fried soft shell crab, kalamari, whitebait, whole tail scampi, grilled kings prawns, scallops, squid, white fish, octopus, greek salad & chips.

GEORGE'S MIX GRILL

£15.00

Chicken & Pork Souvlaki, Lamb Cutlet, Loukaniko, Lounza, Tomato, Portabello Mushroom & chips

Here at George's we are committed to sourcing our fish from **sustainable sources**. We are firm believers that future generations must have the option to enjoy the seafood we have for 100's of years. **Sustainable fishing** is an important environmental issue. Not only does it affect fish stocks and other marine life, but also the livelihoods of millions of people around the world. So next time you buy seafood from George's, be rest assured it is from a **sustainable source**.

GEORGE'S BURGERS

George's Fish Burger <i>Fried Cod served with lettuce & tartar sauce in a brioche bun</i>	£6.50
George's Lamb Burger <i>Served with lounza, halloumi, lettuce, tomato, onion & tzanziki in a brioche bun</i>	£6.50
George's Vegetarian Burger <i>Grilled Portobello mushroom, halloumi, houmous, lettuce, tomato in a brioche bun</i>	£6.00
Chicken Breast Fillet Burger With Cheese <i>Served with lettuce & mayonnaise in a brioche bun</i>	£4.00 £4.50
¼ Pounder Beef Burger With Cheese <i>Served with lettuce, tomato, onions & burger sauce in a brioche bun</i>	£4.00 £4.50
½ Pounder Beef burger With Cheese <i>Served with lettuce, tomato, onions & burger sauce in a brioche bun</i>	£5.50 £6.00

SIDES

Chips	£1.80 – £3.00
Sausage or Saveloy	£1.50
Sausage in Batter	£1.60
Rice	£2.50
Steak & Kidney Pie	£2.60
Chicken & Mushroom Pie	£2.60
Mince Beef & Onion Pie	£2.60
Chicken Fillet Nuggets	£3.00 (6) £4.50 (10)
Curry Sauce or Mushy peas	£1.00
Buttered rolls	£0.50
Chip Roll	£2.00
Tomato Ketchup (342g)	£2.00
Vinegar Bottled (284ml) <i>Vinegar & onion vinegar</i>	£1.50
SqueezeMe! Pod (26ml) <i>Tomato ketchup, mayonnaise, tartar & HP</i>	£0.30
Pickled Onion or Gherkin	£0.60
Pitta Bread	£0.50
Cypriot Pitta Bread	£0.80
Roast Potato's	£2.50
Chips in Pitta	£3.00
Salad in Pitta	£3.00
Salad & Chips in Pitta	£3.50
Mixed Salad	£3.00
Greek Salad	£4.50

George's, an award winning restaurant serving authentic Cypriot specialities and traditional fish & chips

DESSERTS

Baklava	£3.00
Apple pie	£3.00
Chocolate fudge cake	£3.00
Cheesecake of the day	£3.00
Galadoboureko	£3.00

DRINKS

Soft drinks

Cans <i>(Coke, Diet coke, 7up, Mirinda Orange Shandy, Ginger beer)</i>	£1.00
Bottled Water 500ml	£1.00
Orange Juice cartons 200ml	£1.00
Soft Drinks bottles 500ml <i>(Coke, Diet Coke, 7up)</i>	£1.60
Still water 1.5 liter	£2.00

ALCOHOLIC DRINKS

Keo Beer 330cl <i>(Cypriot beer 4.5%)</i>	£3.00
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WHITE WINES

Pinot Grigio 75cl	£9.50
Aphrodite <i>(11%)</i> 75cl <i>Cypriot lively dry white wine with a delicate nutty aroma</i>	£12.00
Thisbe <i>(11%)</i> 75cl <i>Cypriot fruity wine with aromas of peaches and apples</i>	£12.00
Robola of Cephalonia <i>(12%)</i> 75cl <i>Greek dry wine lightly scented with citrus fruit with a hint of thyme that has a long penetrating finish, which is jam-packed with fruit</i>	£14.00

RED WINES

Merlot 75cl	£9.50
Othello <i>(13%)</i> 75cl <i>Cypriot medium bodied dry red wine with ripe red fruit and berry aromas</i>	£12.00
Nemea <i>(13%)</i> 75cl <i>Dry red with tinges of violet, this wine is endowed with the aroma of raspberries and blackcurrant of the Agiorgitiko variety</i>	£14.00

ROSE WINES

Pinot blush 75cl	£9.50
Makedonikos Tzandali <i>(12%)</i> 75cl <i>A vibrant rose colour with ripe strawberries on the nose and raspberry jam like flavours</i>	£14.00

ORDER NOW WE DELIVER

georgesfishbar.co.uk

020 8989 3970

Notice for Alcoholic Sales

Alcohol will not be supplied to persons under the age of 18 and identification shall be required if the customers appear underage.

If alcohol is ordered photo identification will be required.

Marks and Spencers



B168

GEORGE LANE

Sainsbury's

Post Office

ATM (Barclays Bank)

George's Fish & Souvlaki Bar

164 George Lane, South Woodford
London E18 1AY

E: info@georgesfishbar.co.uk

Reservations | Take away | Deliveries

T: 020 8989 3970

Online ordering | Website

www.georgesfishbar.co.uk

Takeaway Times

Tues – Thur 12.00pm-2.30pm & 5.00pm-10.30pm

Fri & Sat 12.00pm-11pm

Sun 1.00pm-9.30pm

The restaurant takes last orders half an hour before the take away closes

Delivery Times

Tue-Sat 5.00pm-10.00pm

Sunday 1.00pm-9.00pm

**AWARD
WINNING
FRESHLY
CUT CHIPS**



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